The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation:						
Independent Living Agency (ILA)						
If your organisation is part of a larger organisation, what is its name?						
N/A - ILA is independent	N/A - ILA is independent					
In which London Borough is your organisatio	In which London Borough is your organisation based?					
Barking & Dagenham						
Contact person:	Position:					
Mr. Terry Miller	Co-ordinator					
Website: http://www.independentliving	agency.org					
Legal status of organisation:	Charity, Charitable Incorporated Company or					
Charitable company	company number:1064099					
When was your organisation established? 15/05/1997						

Grant Request

Under which of City Bridge Trust's programmes are you applying?

Making London More Inclusive

Which of the programme outcome(s) does your application aim to achieve?

Services helping people with a newly acquired or diagnosed disability to maintain choice and control in their lives Work enabling disabled people of all ages to live independently

Please describe the purpose of your funding request in one sentence.

Enabling disabled people to develop skills to assist their [disabled] peers research and arrange their own services from their personal budgets thus managing independent living.

When will the funding be required? 01/09/2015

How much funding are you requesting?

Year 1: **£41,973** Year 2: **£35,355** Year 3: **£29,299**

Total: £106,627

Aims of your organisation:

Main Aims -- the overriding aim of the ILA is to raise awareness of the number of options for disabled people regarding their care needs and work towards ensuring that they have the choice as to how this is managed. The ILA will ensure that disabled people will :-

- have raised awareness, access to information and support to make informed decisions as regards independent living as it applies to themselves and their families
- be supported towards living independently and ultimately live independently if they so choose
- be offered the choice to live independently and provided with resources to be able to do so
- gain skills and build confidence to be able to take control of their own lives
- be more aware of legislation and changes that affect them directly

Main activities of your organisation:

ILA offers the following activities to disabled people:-

- 1. The 'Choices' Project -- 'Choices' provides advocacy, support, information, encouragement / assistance with finding accommodation and training on daily living skills.
- 2. Financial Management Services -- we organise and facilitate the management of direct payments or individual budgets by professionals to ensure the financial aspects of their lives are addressed.
- 3. Payroll Service -- in order to support disabled people employing their own staff as part of their personal budget management, ILA arranges and facilitates a payroll service thus making this task easier
- 4. Accessible Transport -- we provide fully wheelchair accessible transportation for all clients enabling them to participate in a community life e.g. to access services and activities
- 5. Equipment Service -- ILA provides simple aids for daily living for disabled people to

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
13	11	8	5

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	5 years

Summary of grant request

The "Peer Support Brokers" Project

The Premise -- Barking & Dagenham accommodates 10,750 disabled adults of working age. Most lack personal skills as the borough has high levels of illiteracy and innumeracy leading to unemployment-caused deprivation e.g. fewer than 1 in 5 people with a disability is in paid employment.

This lack of skills means many people are not capable of managing finances / independence yet they are being awarded personal budgets of up to £10,000pa to spend on their health / development within the 'personalisation agenda'.

Consequently, they are prone to spending the money inappropriately as there is no impartial / quality advice available to support disabled people in researching appropriate provision, planning, spending and generally managing their personal budgets.

As such, many simply use council provided services as they are being directed by the council WHICH REMOVES CHOICE countering the ethos of personal budgets.

Pilot [2012 - 13] -- we engaged 20 disabled people as "Peer Support Brokers" with 4 ultimately gaining work [for pay] and 16 plans delivered for disabled people leading to improved access to services, better opportunities, health and independence

Consultation [2013 - 14] -- communications with Peer Support Brokers [PSB's] and disabled people in general were positive establishing interest for PSB training opportunities and evidencing myriad benefits e.g. choice of services, being better able to manage budgets and independence as a result of support from the team [Reports available].

Project Breakdown -- the "Peer Support Broker" Project ' has three key spheres :-

- 1.Peer Support Brokers (PSB's) -- opportunities for disabled people to train and be engaged as Peer Support Brokers assisting one disabled person with their personal budget quarterly [4 per year]
- 2.Peer Support and Planning -- the trained Peer Support Brokers Team will provide disabled people [in receipt of a personal budget] with a short consultancy to research the best local service providers, choose which they prefer [from an impartial viewpoint] and develop personalised plans on which their personal budgets can be spent.
- 3. Follow-On Activities comprising:-
- i. Ongoing support to PSB's regarding future development, training and employment
- ii. Supporting service users [disabled people] to undertake / modify their personal plans and access community services $\frac{1}{2}$

Project Outcomes:

- 1.30 disabled people seeking personal development will build confidence, improve their skills and be able to take up employment opportunities
- 2.120 disabled people receiving direct payments will receive 1-1 support leading to improved confidence, skills and health

The Right Organisation -- ILA was formed in 1996 responding to changes in community care and has always been fully user-led e.g. disabled people are trustees, and all services focus on supporting 'choice' and 'independent living'.

We now support more than 500 disabled people every year with turnover exceeding £200k which is 100% funded through commissions and generated income having developed chargeable and contracted services from the late 1990's to effect sustainability.

CBT Priority "Making London More Inclusive" -- personal budgets were supposed to develop independence and choice for disabled people yet many simply use council provided services directed by council officers on receipt of their moneys.

The project will facilitate impartial analyses enabling users [disabled people] to make their own choices of the best services / providers -- ongoing support will enable them to manage their own budgets facilitating independent living.

Principles of Good Practice -- the project has been planned via communicating with disabled people to establish their needs i.e. it is user-led, will be delivered by a team of peers i.e. disabled people, who will be volunteers yet eligible for consultancy fees and we will proactively engage with disabled people from BAMER communities to enable inclusivity.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

The ILA delivers effective services within a quality framework -- this is particularly important as we work within a community comprising vulnerable [disabled] people who need our support. We do not have formal quality

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Peer Support Brokers (PSB's) -- opportunities for 10 disabled people annually [30 over 3 years] to train and become PSB's. They will use their new skills to develop activity plans for their peers to manage their personal budgets and they can also be engaged privately as a source of employment.

Peer Support -- trained PSB's will support 4 disabled people in receipt of personal budgets annually [10 \times 4 = 40 and 120 over 3 years]. Via a short consultancy, each individual will receive an independent, personalised plan regarding care and services on which their personal budgets can be spent.

Follow-On activities :-

- 1. Supporting PSB's to gain their accreditations, engage on the programme and undergo future development e.g. further training or entering [self] employment
- 2. Supporting service users [disabled people] to update / modify their personal plans and access community care, services and activities as appropriate [if circumstances change]

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

[Service Users] Disabled people in receipt of personal budgets will :-

- have choices regarding community care, services and activities they can access
- improve their mental / physical health
- develop personal and financial independence
- make most effective use of their personal budgets / disability living allowances [Peer Support Brokers] Disabled people seeking personal development will :-
- access new training opportunities, improve their skills and learn new skills
- build confidence in their own abilities
- become 'employment ready' and access further training
- gain employment immediately
- develop personal and financial independence

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

The "Peer Support Brokers" Project will have an income generation function inbuilt which will operate on two bases [1] being commissioned by Local and Health Authorities / CCGs and [2] clients who receive personal budgets will pay

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?
50
In which Greater London borough(s) or areas of London will your beneficiaries live?
Barking & Dagenham (80%) Havering (20%)
What age group(s) will benefit?
16-24 25-44 45-64 65-74
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure hea	ding		Year 1	Year 2	Year 3	Total
Project Co-	18,187	18,572	18	,964	55,723	
ordinator & NI						
Peer Support	12,000	6,000	0		18,000	
Workers						
Recruitment &	1,000	500	50	0	2,000	
Staff Training						
Staff Travel &	720	734	74	9	2,203	
Expenses						
Peer Support	4,250	4,335	4,4	422	13,007	
Workers Training						
Trainee Peer	500	500	50	0	1,500	
Support Brokers'		İ				
travel &						1
expenses [during						
training]						
Advertising,	500	500	50	0	1,500	
Promotions and						1
information						1
literature						
Evaluation	1,000	1,000		000	3,000	
Overheads &	3,816	3,214	2,0	564	9,694	
Revenue		l				

TOTAL:	41,973	35,355	29,299	106,627

What income has already been raised?

Source			Year 1	Year 2	Year 3	Total
N/A we are requesting 100% from City Bridge Trust to launch the programme	0	0	0		0	
	0	0	0		0	
	0	0	0		0	
	0	0	0		0	

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source			Year 1	Year 2	Year 3	Total
N/A this is our first bid for this project	0	0	0		0	

0	0	0	0)
0	0	0	0)
0	0	0	0)

TOTAL:	0	0	0	0	
1		_	- /		

How much is requested from the Trust?

Expenditure hea	xpenditure heading			1	Year 2	Year 3	Total
Project Co-	18,187	18,572		18,9	964	55,723	
ordinator [&NI]							
Peer Support	12,000	6,000		0		18,000	
Workers							
Recruitment &	1,000	500		500		2,000	
Staff Training							
Staff Travel &	720	734		749		2,203	
Expenses						1	
Peer Support	4,250	4,335		4,42	22	13,007	
Workers Training							
Trainee Peer	500	500		500		1,500	
Support Brokers'							
travel &							!
expenses [during						1	ļ
training]							
Advertising,	500	500		500		1,500	
Promotions and							ŀ
information			1			1	
literature							
Evaluation	1,000	1,000		1,00		3,000	
Overheads &	3,816	3,214		2,66	54	9,694	ŀ
Revenue							

TOTAL:	41,973	35,355	29,299	106,627	

Finance details

Please complete using your most recent audited or independently examined accounts.

7				
Financial year ended:	Month: March	Year: 2015		

Income received from:	£
Voluntary income	0
Activities for generating funds	52,331
Investment income	o
Income from charitable activities	107,837
Other sources	О
Total Income:	159,840

Expenditure:	£
Charitable activities	121,400
Governance costs	1,650
Cost of generating funds	О
Other	0
Total Expenditure:	123,050
Net (deficit)/surplus:	36,790
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	36,790

Asset position at year end	£
Fixed assets	15,128
Investments	0
Net current assets	167,164
Long-term liabilities	11726
*Total Assets (A):	170,566

Reserves at year end	£
Endowment funds	0
Restricted funds	7,953
Unrestricted funds	162,613
*Total Reserves (B):	170,566

^{*} Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 61-70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Changes have been positive in that income generation streams have begun to generate surplus as planned.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	63,345	47,482	99,069
London Councils	0	0	0
Health Authorities	21,135	0	0
Central Government departments	0	0	0
Other statutory bodies	76,293	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Fund	der	2012 £	2013 £	2014 £
Link	0	98,000	0	
	0	0	0	
	0	0	0	
	0	0	0	
	0	0	0	

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Terry Miller

Role within Chief Officer

Organisation: